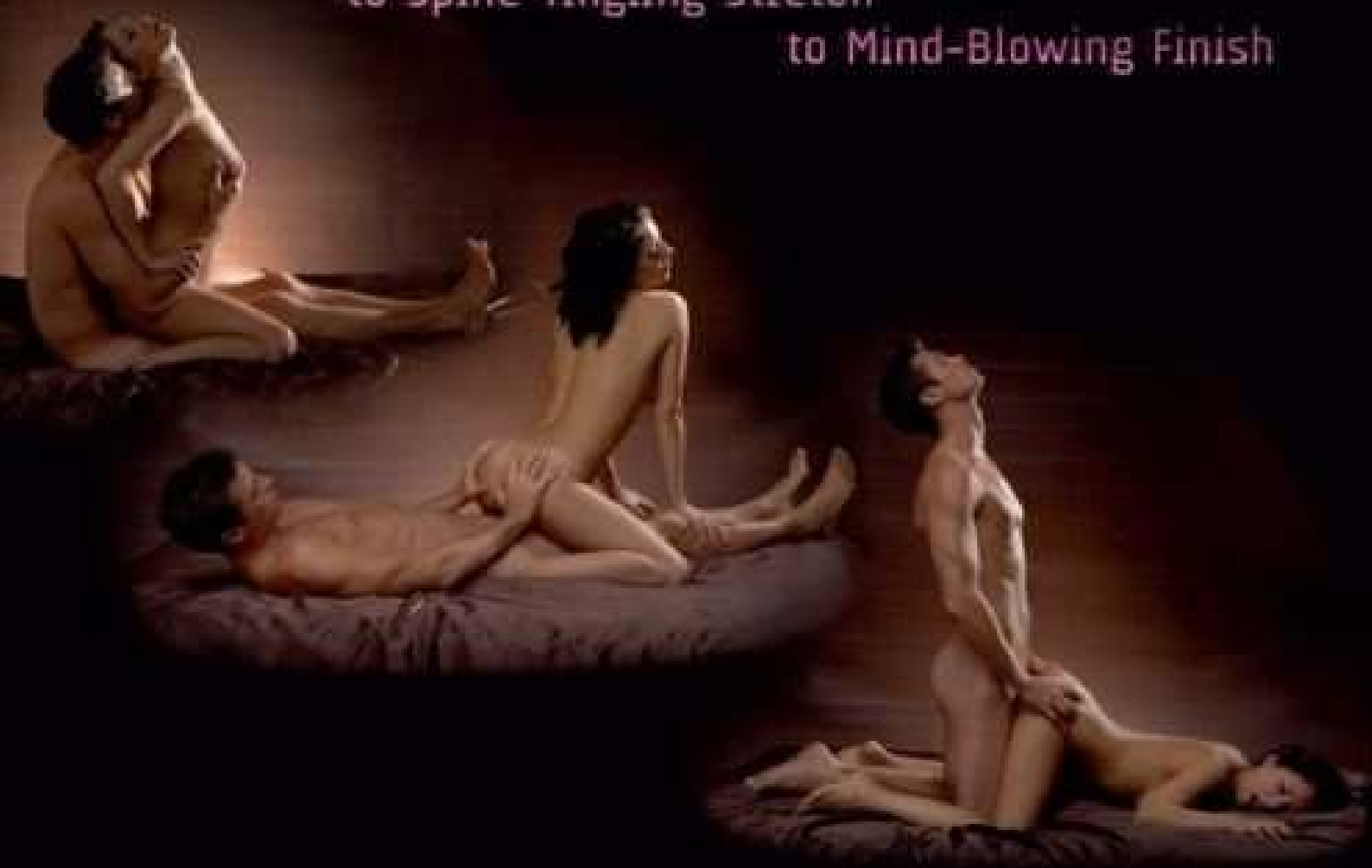


Sex Position Sequences

From Erotic Start

to Spine-Tingling Stretch

to Mind-Blowing Finish



Susan Austin

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Table of Contents

[Title Page](#)

[How to Use This Book](#)

[The Hot Seat](#)

[Standing at Attention](#)

[Seated See-Saw](#)

[The Easy Chair](#)

[Jack Hammer](#)

[Lickety-Split](#)

[Meeting on the Bridge](#)

[Hammering Home](#)

[Good Vibrations](#)

[Picking Up on the Vibe](#)

[Mastering His Tool](#)

[Nailing It](#)

[Edgy Bed](#)

[Hanging In](#)

[Head over Heels](#)

[Meeting in Missionary](#)

[Back Flip 69](#)

[Rear-Entry Beginning](#)

[Flippin' and a' Slidin'](#)

[Supine 69](#)

[Ball Game](#)

[Striking a Balance](#)

[Batter Up](#)

[Rounding the Base](#)

[Bed Boogie and Bounce](#)

[Bow Wow Wow](#)

[Standing for More](#)
[Meeting in Missionary](#)

[The Office](#)

[Lapping It Up](#)
[Getting Cheeky](#)
[Beggar's Bonus](#)

[Seated 69](#)

[Sizzling 69](#)
[Sitting In](#)
[Sliding Finish](#)

[Bedding Down](#)

[Sideways 69](#)
[Relax and Reenter](#)
[Raising the Bridge](#)

[Seat or Sofa Sucking](#)

[Standing BJ](#)
[Sitting Pretty](#)
[Crouching Doggy, Thrusting Tiger](#)

[Pleasuring Her](#)

[Finding Buried Treasure](#)
[Taking It In](#)
[Her Call](#)

[Lady on Top](#)

[Lapping It In](#)
[Sliding Side to Side](#)
[Locking Her In](#)

[Turn Around](#)

[Holding the Connection](#)
[Digging In](#)
[High and Low Down](#)

[O! O! Ottoman](#)

[About Face Blowing](#)
[Ottoman Antics](#)
[Kneeling Back](#)

[Pillow Talk](#)

[Backing into the V](#)

[Raised Wheelbarrow](#)

[Bow Wow . . . Wow](#)

[Rug Roughhousing](#)

[Sucking It Up](#)

[Arching Bridge](#)

[Pole Pleasures](#)

[Spinning Spoons](#)

[Hand Job](#)

[Rear-Entry Spooning](#)

[Pounding the Bend](#)

[Standing Up for It](#)

[Heating the Connection](#)

[Hoisting the Goods](#)

[Getting Over the Hump](#)

[Table Topping](#)

[Tasty Treat](#)

[Elevating the Entry](#)

[Footsies](#)

[About the Author](#)

[Copyright Page](#)

How to Use This Book

Are you ready to light the sheets on fire?

No matter how hot your love life has been with your partner, you will inevitably find that sex has the tendency to become, at one point or another, predictable. Ask any couple and they'll admit to ruts of sexual repetition, only employing their favorite two (or three if they're lucky!) positions night after night. There are a myriad reasons for this - we are naturally creatures of habit; one or both partners may rely on a certain position to achieve, or stave off, orgasm; or, physically and emotionally, these favorite positions may be the most comfortable. The problem is, without a little exotic flavor in your sex life, sex itself may become...boring!

Helping couples overcome the monotony of sex is a massive industry with one singular goal: Teach couples to open up their bodies and experiment. And all of the books out there tell you the same things: Try this newfangled position! Break out the riding crop for some light S&M! Don't go it alone; bring a couple of toys between the sheets! The problem is, without some serious, careful guidance to take you from your everyday missionary position to the new and exciting position you've always wanted to try - you simply won't get there. Trying to adjust and move your bodies from the positions you love to the positions you want to try can be awkward at best and can completely kill the mood at worst. Furthermore, not every position was created equally. Some positions are physically demanding while others provide an intense sensation for one partner and almost no sensation for the other.

The Positions:

The Warm-Up

The first position starts things off right. This may mean an erotic blow job for him or ravenous oral for her, or a sensual, powerful intercourse position that is sure to have both partners rearing up for more. The key to this first position is intimacy and eroticism, transitioning out of foreplay and into a mind-blowing sexual adventure.



The First Transition

The easiest way to kill the mood is to fumble around between positions, trying to get from one to the other. Each transition allows you to maintain that red-hot sexual intensity and sensation while making your way toward orgasm.



This book will show you how to have the best of both worlds. Each sequence picks up right after foreplay with a position or act that will set the mood. Next, you transition into a new and exciting position before flowing into a classic and heart-pounding climactic position that will leave you both in a final state of ecstasy.

The Challenge

Whether it's something a bit more acrobatic or a simple variation on a position

you wouldn't normally try, this middle position is going to light the fire. The novelty of this position may be intimidating, but each one of these positions will provide pleasure you've never experienced.



Transitioning to the Home Stretch

How do you get from a Raised Wheel Barrow to an orgasm-powering doggy position? This transition is the key to take you from your sexual challenge to your fulfilling finish. By this point, you'll both be on the verge of climax, so each of these transition positions has been designed to keep the intensity building.



The Finale

The final position is always an oldie but a goodie. There's a reason that our favorite positions (missionary, cowgirl, doggy, etc.) are so wickedly good — they're the one's that we trust the most to take us to that mind-melting finish line. So what makes these positions work? They combine an intimate or erotic entwining of bodies with physical ease — allowing each partner to focus on just one powerful sensation. 3



The Hot Seat

This sequence is all about the sensual pleasures of oral give-and-take. By moving the action from the bedroom to a plush chair or sofa in the living room, the already exciting sequence is pushed to the max, with standing oral orgasm for her and a seated blow job finish for him. From start to finish, this sequence is hers for the taking. She gets to control things from the moment she marches over and puts his head between her legs. From there, she'll decide everything from the depth of penetration and the rhythm of intercourse to his moment of ejaculation. While she takes over, his job is simply to sit back and enjoy the ride.



Standing at Attention

There's nothing more arousing for a guy than when his lady knows how to grab control from the get-go. Who doesn't crave a little dominatrix action? Here, she playfully pushes him down on his favorite seat and, while she stands astride him on the chair, commands him to kiss and caress her thighs and vagina. This position gives her the power and control over where he licks, while he can relax in comfort, needing to concentrate on only one thing: stimulating her clit. For balance he grabs hold of her bottom.



Seated See-Saw

As she holds on to her lover by his arms, she can slowly lean back until the entire length of his shaft penetrates her juicy lady flower. This sensually intimate position allows her to engage her Kegel muscles by pressing her knees together, applying exhilarating pressure to his penis and enjoying powerful to-and-fro movements in unison with her lover's. Hint: Since this position can be stressful on the arms and shoulders, be ready to pull up when needed to offer relief while increasing the intensity of movement.

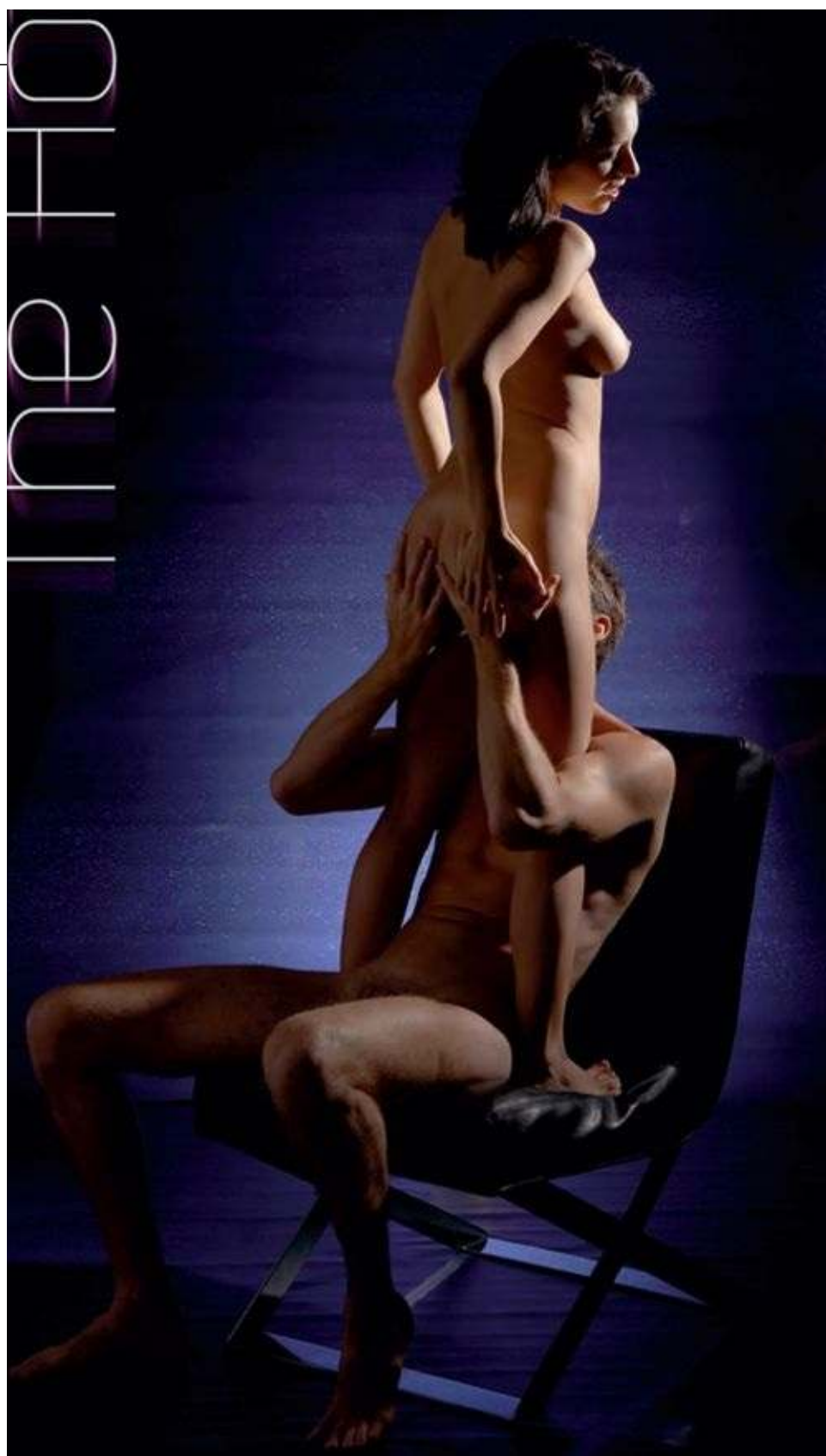


The Easy Chair

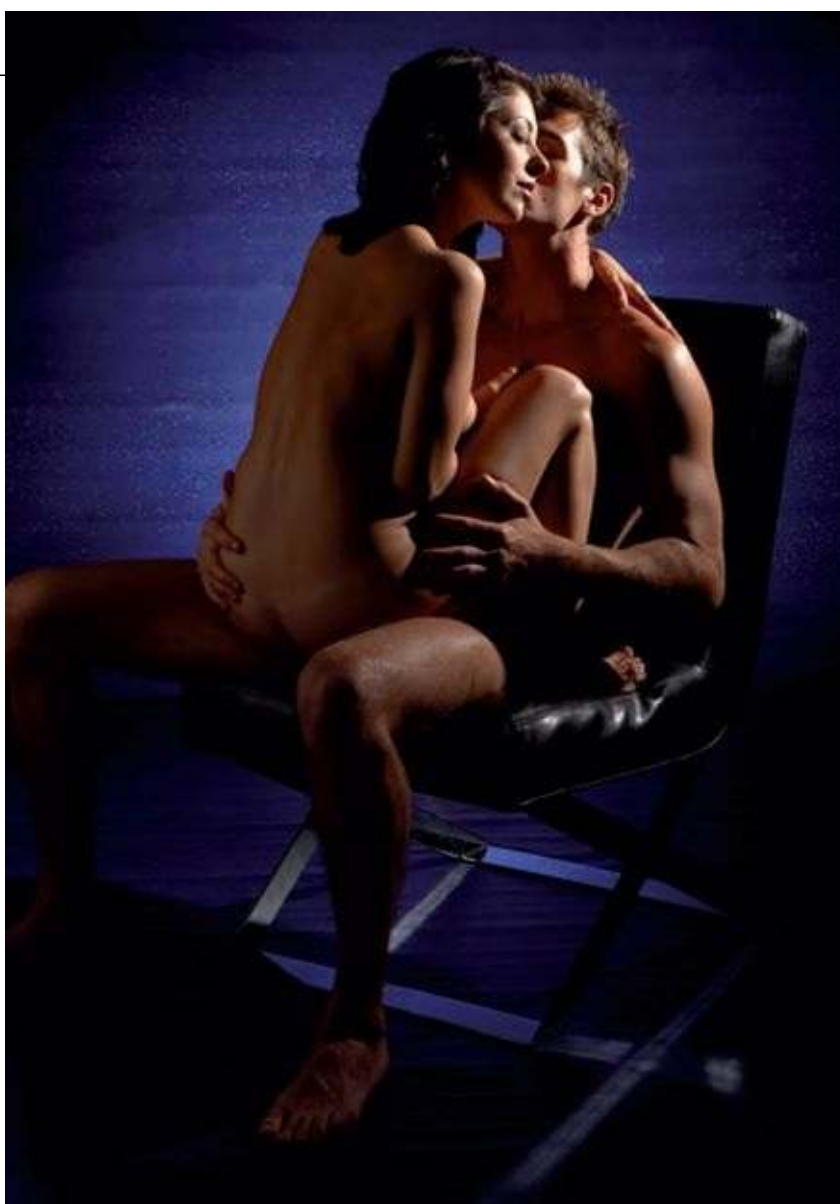
With him leaning back in the chair, she uses her hands and mouth to bring him to a powerful orgasm, taking charge of her partner's ecstasy. She can also use this erotic opportunity to touch herself or use a toy to stimulate her clitoris and G-spot and bring herself to orgasm. As excitement builds, she takes him deeper into her mouth. In this position, he's completely immobilized, so there's no need to be concerned that he'll get overexcited or start moving around. The control is hers and she can try a whole host of new experiences, from deep-throating to using her hands and mouth to stimulate his scrotum as well as his penis.



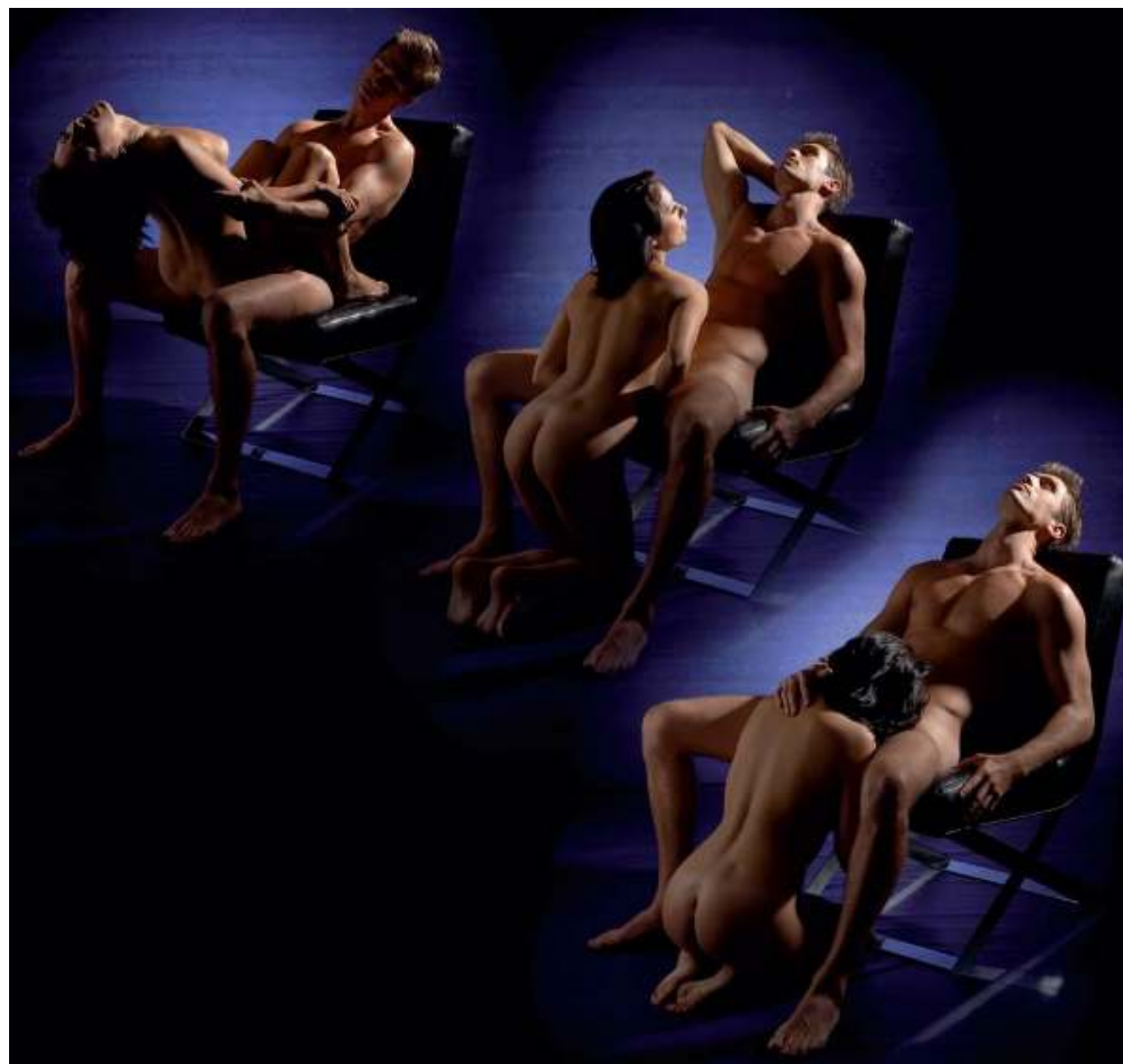
She starts by taking control of the situation, moving her body over his tongue to hit all the right spots and send her pleasure level soaring.



When her excitement drives her to take him inside, she slides down his body, rubbing her thighs along the sides of his chest as he kisses her stomach and breasts. By the time she gets all the way down, he'll be primed and ready to slide inside.



She leans back as he opens his thighs just a bit, allowing her to adjust the rocking until each gentle movement is hitting her G-spot for an intense orgasm. As she gathers herself after climaxing, she slips off him and kneels. Before moving to the final position in this sequence, she should pause as her breasts pass his penis and gently rub his tip against her supersensitive nipples. Finally, she uses her breasts, hands, and mouth one after the other to give him an orgasm like no other.



Jack Hammer

This hardworking sequence encourages the guy to employ a combination of strong oral and intercourse skills, enabling his lady to reach her utmost pleasure peak while he gains momentum and finishes the project off with a bang. She is the well-oiled receptacle for his potent gifts and is primed to relish his attention. As he works his hot skills, she luxuriates in receiving his erotic efforts. Her gratification is the key, and it's his job to create an environment that lets her know it's all in his capable hands, talented tongue, and hardworking tool. Every woman wants to feel her man is totally devoted to her, and this sequence drills it into her with rhythm and force.



Lickety-Split

Since most men are familiar with the oral between-her-legs position, he uses his skill to lap her clit with precision. She starts by lying on her back and raising her knees just slightly, which gives her the benefit of his tongue pressure and him the joy of easy oral approach. In this position he has full range of motion from the top of her vagina to the bottom. He can pull her labia apart with his fingers very gently and lick the inside of her wall. Her clit is there for him to tease and caress. To enhance her comfort, he can place a pillow under her head. If he knows his

lady can achieve multiple orgasms, then he may consider bringing her to climax. Otherwise, he works it just to her edge.



Meeting on the Bridge

He stays the skilled giver in this position, but even the strongest handyman needs a partner to help out, especially when it comes to screwing. In this position, the woman is face up, using all four limbs to hold her body weight off the bed. She plants her feet, keeps her knees raised, and straddles her hard worker by gripping with her inner thighs, holding on to his strong shoulders for further support. He enters her from a kneeling position, building up momentum as he jams his rod into her receptive V. Guys need to keep in mind that this position requires strength and balance on the lady's part, and even though he will rub her G-spot and the sensation is scintillating, it's strenuous for her to maintain. No working overtime in this pose.

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