



The Congo and the Cameroons



GREAT JOURNEYS

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The remarkable Mary Kingsley (1862–1900) made three journeys to Africa. In the first two journeys she roamed around West and Equatorial West Africa, from Sierra Leone to Angola, the second journey being particularly memorable for her travels through the rivers and forests of modern Gabon and her ascent of Mount Cameroon, then in the German colony of Kamerun. She developed through her experiences both an overwhelming enthusiasm for Africa and a matching scepticism about European imperialism and missionary work. It was on her return from the second African journey that she wrote her bestselling *Travels in West Africa* (1897). Her third and final journey to Africa resulted in her death, aged thirty-seven, from enteric fever while working as a volunteer nurse in a hospital for Afrikaner POWs during the Boer War.

Mangrove Swamps and Crocodiles

There is a uniformity in the habits of West Coast rivers, from the Volta to the Coanza, which is, when you get used to it, very taking. Excepting the Congo, the really great river comes out to sea with as much mystery as possible; lounging lazily along among its mangrove swamps, in a what's-it-matter-when-one-comes-out and where's-the-hurry style, through quantities of channels inter-communicating with each other. Each channel, at first sight as like the other as peas in a pod, is bordered on either side by green-black walls of mangroves, which Captain Lugard graphically described as seeming 'as if they had lost all count of the vegetable proprieties, and were standing on stilts with their branches tucked up out of the wet, leaving their gaunt roots exposed in mid-air.' High-tide or low-tide, there is little difference in the water; the river, be it broad or narrow, deep or shallow, looks like a pathway of polished metal; for it is as heavy weighted with stinking mud as water e'er can be, ebb or flow, year out and year in. But the difference in the banks, though an unending alternation between two appearances, is weird.

At high-water you do not see the mangroves displaying their ankles in the way that shocked Captain Lugard. They look most respectable, their foliage rising densely in a wall irregularly striped here and there by the white line of an aerial root, coming straight down into the water from some upper branch as straight as a plummet, in the strange, knowing way an aerial root of a mangrove does, keeping the hard straight line until it gets some two feet above water-level, and then spreading out into blunt fingers with which to dip into the water and grasp the mud. Banks indeed at high water can hardly be said to exist, the water stretching away into the mangrove swamps for miles and miles, and you can then go, in a suitable small canoe, away among these swamps as far as you please.

This is a fascinating pursuit. For people who like that sort of thing it is just the sort of thing they like, as the art critic of a provincial town wisely observed anent an impressionist picture recently acquired for the municipal gallery. But it is a pleasure to be indulged in with caution; for one thing, you are certain to come across crocodiles. Now a crocodile drifting down in deep water, or lying asleep with its jaws open on a sand-bank in the sun, is a picturesque adornment to the landscape when you are on the deck of a steamer, and you can write home about it and frighten your relations on your behalf; but when you are away among the swamps in a small dug-out canoe, and that crocodile and his relations are awake – a thing he makes a point of being at flood tide because of fish coming along – and when he has got his foot upon his native heath – that is to say, his tail within holding reach of his native mud – he is highly interesting, and you may not be able to write home about him – and you get frightened on your own behalf. For crocodiles can, and often do, in such places, grab at people in small canoes. I have known of several natives losing their lives in this way; some native villages are approachable from the main river by a short cut, as it were, through the mangrove swamps, and the inhabitants of such villages will now and then go across this way with small canoes instead of by the constant channel to the village, which is almost always winding. In addition to this unpleasantness you are liable – until you realise the danger from

experience, or have native advice on the point - to get tide-trapped away in the swamps, the water falling round you when you are away in some deep pool or lagoon, and you find you cannot get back to the main river. For you cannot get out and drag your canoe across the stretches of mud that separate you from it, because the mud is of too unstable a nature and too deep, and sinking into it means staying in it, at any rate until some geologist of the remote future may come across you, in a fossilised state, when that mangrove swamp shall have become dry land. Of course if you really want a truly safe investment in Fame, and really care about Posterity, and Posterity's Science, you will jump over into the black batter like, stinking slime, cheered by the thought of the terrific sensation you will produce 20,000 years hence, and the care you will be taken of then by your fellow-creatures, in a museum. But if you are a mere ordinary person of a retiring nature, like me, you stop in your lagoon until the tide rises again; most of your attention is directed to dealing with an 'at home' to crocodiles and mangrove flies, and with the fearful stench of the slime round you. What little time you have over you will employ in wondering why you came to West Africa, and why, after having reached this point of absurdity, you need have gone and painted the lily and adorned the rose, by being such a colossal ass as to come fooling about in mangrove swamps. On one occasion, a mighty Silurian, as *The Daily Telegraph* would call him, chose to get his front paws over the stern of my canoe, and endeavoured to improve our acquaintance. I had to retire to the bows, to keep the balance right,¹ and fetch him a clip on the snout with a paddle, when he withdrew, and I paddled into the very middle of the lagoon, hoping the water there was too deep for him or any of his friends to repeat the performance. Presumably it was, for no one did it again. I should think that crocodile was eight feet long; but don't go and say I measured him, or that this is my outside measurement for crocodiles. I have measured them when they have been killed by other people, fifteen, eighteen and twenty-one feet odd. This was only a pushing young creature who had not learnt manners.

Still, even if your own peculiar tastes and avocations do not take you in small dug-out canoes into the heart of the swamps, you can observe the difference in the local scenery made by the flowing of the tide when you are on a vessel stuck on a sand-bank, in the Rio de Rey for example. Moreover, as you will have little else to attend to, save mosquitoes and mangrove flies, when in such a situation, you may as well pursue the study. At the ebb gradually the foliage of the lower branches of the mangroves grows wet and muddy, until there is a great black band about three feet deep above the surface of the water in all directions; gradually a network of gray-white roots rises up, and below this again, gradually, a slope of smooth and lead-brown slime. The effect is not in the least as if the water had fallen, but as if the mangroves had, with one accord, risen up out of it, and into it again they seem silently to sink when the flood comes. But by this more safe, if still unpleasant, method of observing mangrove-swamps, you miss seeing in full the make of them, for away in their fastnesses the mangroves raise their branches far above the reach of tide line, and the great gray roots of the older trees are always sticking up in mid-air. But, fringing the rivers, there is always a hedge of younger mangroves whose lower branches get immersed.

At corners here and there from the river face you can see the land being made from the waters. A mud-bank forms off it, a mangrove seed lights on it, and the thing's done. Well! not done, perhaps, but begun; for if the bank is high enough to get exposed at low water, this pioneer mangrove grows. He has a wretched existence though. You have only got to look at

his dwarfed attenuated form to see this. He gets joined by a few more bold spirits and they struggle on together, their network of roots stopping an abundance of mud, and by good chance now and then a consignment of miscellaneous débris of palm leaves, or a floating tree trunk, but they always die before they attain any considerable height. Still even in death they collect. Their bare white sticks remaining like a net gripped in the mud, so that these pioneer mangrove heroes may be said to have laid down their lives to make that mud-bank fit for colonisation, for the time gradually comes when other mangroves can and do colonise on it, and flourish, extending their territory steadily; and the mud-bank joins up with, and becomes a part of, Africa.

Right away on the inland fringe of the swamp – you may go some hundreds of miles before you get there – you can see the rest of the process. The mangroves there have risen up, and dried the mud to an extent that is more than good for themselves, have over-civilised that mud in fact, and so the brackish waters of the tide – which, although their enemy when too deep or too strong in salt, is essential to their existence – cannot get to their roots. They have done this gradually, as a mangrove does all things, but they have done it, and down on to that mud come a whole set of palms from the old mainland, who in their early colonisation days go through similarly trying experiences. First the screw-pines come and live among them; then the wine-palm and various creepers, and then the oil-palm; and the débris of these plants being greater and making better soil than dead mangroves, they work quicker and the mangrove is doomed. Soon the salt waters are shut right out, the mangrove dies, and that bit of Africa is made. It is very interesting to get into these regions; you see along the river-bank a rich, thick, lovely wall of soft-wooded plants, and behind this you find great stretches of death; – miles and miles sometimes of gaunt white mangrove skeletons standing on gray stuff that is not yet earth and is no longer slime, and through the crust of which you can sink into rotting putrefaction. Yet, long after you are dead, buried, and forgotten, this will become a forest of soft-wooded plants and palms; and finally of hard-wooded trees. Districts of this description you will find in great sweeps of Kama country for example, and in the rich low regions up to the base of the Sierra del Cristal and the Rumbi range.

You often hear the utter lifelessness of mangrove-swamps commented on; why I do not know, for they are fairly heavily stocked with fauna, though the species are comparatively few. There are the crocodiles, more of them than any one wants; there are quantities of flies particularly the big silent mangrove-fly which lays an egg in you under the skin; the egg becomes a maggot and stays there until it feels fit to enter into external life. Then there are ‘slimy things that crawl with legs upon a slimy sea,’ and any quantity of hopping mudfish, and crabs, and a certain mollusc, and in the water various kinds of cat-fish. Birdless they are save for the flocks of gray parrots that pass over them at evening, hoarsely squarking; and save for this squarking of the parrots the swamps are silent all the day, at least during the dry season; in the wet season there is no silence night or day in West Africa, but that roar of the descending deluge of rain that is more monotonous and more gloomy than any silence can be. In the morning you do not hear the long, low, mellow whistle of the plantain-eaters calling up the dawn, nor in the evening the clock-bird nor the Handel-Festival-sized choruses of frogs, or the crickets, that carry on their vesper controversy of ‘she did’ – ‘she didn’t’ so fiercely on hard land.

But the mangrove-swamp follows the general rule for West Africa, and night in it is noisier

than the day. After dark it is full of noises; grunts from I know not what, splashes from jumping fish, the peculiar whirr of rushing crabs, and quaint creaking and groaning sounds from the trees; and – above all in eeriness – the strange whine and sighing cough of crocodiles. I shall never forget one moonlight night I spent in a mangrove-swamp. I was not lost, but we had gone away into the swamp from the main river, so that the natives of a village with an evil reputation should not come across us when they were out fishing. We got well in, on to a long pool or lagoon; and dozed off and woke, and saw the same scene around us twenty times in the night, which thereby grew into an æon, until I dreamily felt that I had somehow got into a world that was all like this, and always had been, and was always going to be so. Now and again the strong musky smell came that meant a crocodile close by, and one had to rouse up and see if all the crews' legs were on board, for Africans are reckless, and regardless of their legs during sleep. On one examination I found the leg of one of my most precious men ostentatiously sticking out over the side of the canoe. I woke him with a paddle, and said a few words regarding the inadvisability of wearing his leg like this in our situation; and he agreed with me, saying he had lost a valued uncle, who had been taken out of a canoe in this same swamp by a crocodile. His uncle's ghost had become, he said, a sort of devil which had been a trial to the family ever since; and he thought it must have pulled his leg out in the way I complained of, in order to get him to join him by means of another crocodile. I thanked him for the information and said it quite explained the affair, and I should do my best to prevent another member of the family from entering the state of devildom by aiming blows in the direction of any leg or arm I saw that uncle devil pulling out to place within reach of the crocodiles.

Great regions of mangrove-swamps are a characteristic feature of the West African Coast. The first of these lies north of Sierra Leone; then they occur, but of smaller dimensions – just fringes of river-outfalls – until you get to Lagos, when you strike the greatest of them all: – the swamps of the Niger outfalls (about twenty-three rivers in all) and of the Sombreiro, New Calabar, Bonny, San Antonio, Opobo (false and true), Kwoibo, Old Calabar (with the Cross Akwayafe Qwa Rivers) and Rio del Rey Rivers. The whole of this great stretch of coast is a mangrove-swamp, each river silently rolling down its great mass of mud-laden waters and constituting each in itself a very pretty problem to the navigator by its network of inter-communicating creeks, and the sand and mud bar which it forms off its entrance by dropping its heaviest mud; its lighter mud is carried out beyond its bar and makes the nasty-smelling brown soup of the South Atlantic Ocean, with froth floating in lines and patches on it, for miles to seaward.

In this great region of swamps every mile appears like every other mile until you get well used to it, and are able to distinguish the little local peculiarities at the entrance of the river and in the winding of the creeks, a thing difficult even for the most experienced navigator to do during those thick wool-like mists called smokes, which hang about the whole Bight from November till May (the dry season), sometimes lasting all day, sometimes clearing off three hours after sunrise.

The upper or north-westerly part of the swamp is round the mouths of the Niger, and it successfully concealed this fact from geographers down to 1830, when the series of heroic journeys made by Mungo Park, Clapperton, and the two Landers finally solved the problem a problem that was as great and which cost more men's lives than even the discovery of the

sources of the Nile.

That this should have been so may seem very strange to us who now have been told the answer to the riddle; for the upper waters of this great river were known of before Christ and spoken of by Herodotus, Pliny and Ptolemy, and its mouths navigated continuously along by the seaboard by trading vessels since the fifteenth century, but they were not recognised as belonging to the Niger. Some geographers held that the Senegal or the Gambia was its outfall; others that it was the Zaire (Congo); others that it did not come out on the West Coast at all but got mixed up with the Nile in the middle of the continent, and so on. Yet when you come to know the swamps this is not so strange. You find on going up what looks like a big river - say Forcados, two and a half miles wide at the entrance and a real bit of the Niger. Before you are up it far great, broad, business-like-looking river entrances open on either side, showing wide rivers, mangrove-walled, but two-thirds of them are utter frauds which will ground you within half an hour of your entering them. Some few of them do communicate with other main channels to the great upper river, and others are main channels themselves; but most of them intercommunicate with each other and lead nowhere in particular, and you can't even get there because of their shallowness. It is small wonder that the earlier navigators did not get far up them in sailing ships, and that the problem had to be solved by men descending the main stream of the Niger before it commences to what we in Devonshire should call 'squander itself about' in all these channels. And in addition it must be remembered that the natives with whom these trading vessels dealt, first for slaves, afterwards for palm-oil, were not, and are not now, members of the Lo family of savages. Far from it: they do not go in for 'gentle smiles,' but for murdering any unprotected boat's crew they happen to come across, not only for a love of sport but to keep white traders from penetrating to the trade-producing interior, and spoiling prices. And the region is practically foodless. But I need not here go into further particulars regarding the discovery of the connection between the Niger and its delta. It is just the usual bad ju-ju of all big African rivers. If you first find the mouth, as in the case of the Nile, you have awful times finding the source. If you find the upper waters, you have awful times in discovering the mouth. If you find a bit of its middle, like the Congo, you have awful times in both directions, but fortunately the Congo does play fair and does not go and split itself up and dive into a mass of mangrove-swamps like the Niger; so that bit of river work at least was easier.

The rivers of the great mangrove-swamp from the Sombreiro to the Rio del Rey are now known pretty surely not to be branches of the Niger, but the upper regions of this part of the Bight are much neglected by English explorers. I believe the great swamp region of the Bight of Biafra is the greatest in the world, and that in its immensity and gloom it has a grandeur equal to that of the Himalayas. I am not saying a beauty; I own I see a great beauty in it sometimes, but it is evidently not of a popular type, for I can never persuade my companion down in the Rivers to recognise it; still it produces an emotion in the stoutest-hearted among them; yea, even in those who have sailed the world round; who have cruised for years in the Southern seas, know their West Indies by heart, have run regularly for years to Rio de Janeiro, and have time and again been to where 'thy towers, they say, gleam fair, Bombay, across the deep blue sea.'

Take any such a man, educated or not, and place him on Bonny or Forcados River in the wet season on a Sunday - Bonny for choice. Forcados is good. You'll keep Forcados scenery

'indelibly limned on the tablets of your mind when a yesterday has faded from its page,' after you have spent even a week waiting for the Lagos branch-boat on its inky waters. But Bonny Well, come inside the bar and anchor off the factories: seaward there is the foam of the bar gleaming and wicked – white against a leaden sky and what there is left of Breaker Island. In every other direction you will see the apparently endless walls of mangrove, unvarying in colour, unvarying in form, unvarying in height, save from perspective. Beneath and between you and them lie the rotting mud waters of Bonny River, and away up and down river, miles of rotting mud waters fringed with walls of rotting mud mangrove-swamp. The only break in them – one can hardly call it a relief to the scenery – are the gaunt black ribs of the old hulks once used as trading stations, which lie exposed at low water near the shore, protruding like the skeletons of great unclean beasts who have died because Bonny water was too strong even for them.

Raised on piles from the mud shore you will see the white-painted factories and their great store-houses for oil; each factory likely enough with its flag at half-mast, which does not enliven the scenery either, for you know it is because somebody is 'dead again.' Throughout and over all is the torrential downpour of the wet-season rain, coming down night and day with its dull roar. I have known it rain six mortal weeks in Bonny River, just for all the world as if it were done by machinery, and the interval that came then was only a few wet days, whereafter it settled itself down to work again in the good West Coast waterspout pour for more weeks. I fancy junior clerks of the weather-department must be entrusted with the Bight of Biafra's weather, on account of its extreme simplicity; their duty is just to turn on so many months' wet, and then a tornado season – one tornado administered every forty-eight hours; then stop all water supply and turn on sun; then a tornado season as before, and back again to the water tap. But I cannot say I think the weather does them any credit. Tornadoes frequently come twice a day, and they frequently leave the water tap running a month more than they ought to. The senior clerks should attend to the matter, but presumably their time is taken up with complicated climates like England's.

While your eyes are drinking in the characteristics of Bonny scenery you notice a peculiar smell – an intensification of that smell you noticed when nearing Bonny, in the evening, out at sea. That's the breath of the malarial mud, laden with fever, and the chances are you will be down to-morrow. If it is near evening time now, you can watch it becoming incarnate, creeping and crawling and gliding out from the side creeks and between the mangrove-roots, laying itself upon the river, stretching and rolling in a kind of grim play, and finally crawling up the side of the ship to come on board and leave its cloak of moisture that grows green mildew in a few hours over all. Noise you will not be much troubled with: there is only that rain, a sound I have known make men who are sick with fever well-nigh mad, and now and again the depressing cry of the curlews which abound here. This combination is such that after six or eight hours of it you will be thankful to hear your shipmates start to work the winch.

[...]

Forest, Elephants and Gorillas

French Congo

I will not bore you with my diary in detail regarding our land journey, because the water-washed little volume attributive to this period is mainly full of reports of law cases, for reasons hereinafter to be stated; and at night, when passing through this bit of country, I was usually too tired to do anything more than make an entry such as: '5 S., 4 R. A., N. E. Ebony. T. 1-50, &c., &c.' – entries that require amplification to explain their significance, and I will proceed to explain.

Our first day's march was a very long one. Path in the ordinary acceptance of the term there was none. Hour after hour, mile after mile, we passed on, in the under-gloom of the great forest. The pace made by the Fans, who are infinitely the most rapid Africans I have ever come across, severely tired the Ajumba, who are canoe men, and who had been as fresh as paint, after their exceedingly long day's paddling from Arevooma to M'fetta. Ngouta, the Igalwa interpreter, felt pumped, and said as much, very early in the day. I regretted very much having brought him; for, from a mixture of nervous exhaustion arising from our M'fetta experiences, and a touch of chill, he had almost entirely lost his voice, and I feared would fall sick. The Fans were evidently quite at home in the forest, and strode on over fallen trees and rocks with an easy, graceful stride. What saved us weaklings was the Fans' appetites; every two hours they sat down, and had a snack of a pound or so of meat and aguma apiece, followed by a pipe of tobacco. We used to come up with them at these halts. Ngouta and the Ajumba used to sit down; and rest with them, and I also, for a few minutes, for a rest and chat, and then I would go on alone, thus getting a good start. I got a good start, in the other meaning of the word, on the afternoon of the first day when descending into a ravine.

I saw in the bottom, wading and rolling in the mud, a herd of five elephants. I am certain that owing to some misapprehension among the Fates I was given a series of magnificent sporting chances, intended as a special treat for some favourite Nimrod of those three ladies, and I know exactly how I ought to have behaved. I should have felt my favourite rifle fly to my shoulder, and then, carefully sighting for the finest specimen, have fired. The noble beast should have stumbled forward, recovered itself, and shedding its life blood behind it have crashed away into the forest. I should then have tracked it, and either with one well-directed shot have given it its quietus, or have got charged by it, the elephant passing completely over my prostrate body; either termination is good form, but I never have these things happen, and never will. (In the present case I remembered, hastily, that your one chance when charged by several elephants is to dodge them round trees, working down wind all the time, until they lose smell and sight of you, then to lie quiet for a time, and go home.) It was evident from the utter unconcern of these monsters that I was down wind now, so I had only to attend to dodging, and I promptly dodged round a tree, thinking perhaps a dodge in time saves nine – and I lay down. Seeing they still displayed no emotion on my account, and fascinated by the novelty of the scene, I crept forward from one tree to another, until I was

close enough to have hit the nearest one with a stone, and spats of mud, which they sent flying with their stamping and wallowing came flap, flap among the bushes covering me.

One big fellow had a nice pair of 40 lb. or so tusks on him, singularly straight, and another had one big curved tusk and one broken one. If I were an elephant I think I would wear the tusks straight; they must be more effective weapons thus but there seems no fixed fashion among elephants here in this matter. Some of them lay right down like pigs in the deeper part of the swamp, some drew up trunkfuls of water and syringed themselves and each other, and every one of them indulged in a good rub against a tree. Presently when they had had enough of it they all strolled off up wind, a way elephants have; but why I do not know, because they know the difference, always carrying their trunk differently when they are going up wind to what they do when they are going down – arrested mental development, I suppose. They strolled through the bush in Indian file, now and then breaking off a branch, but leaving singularly little dead water for their tonnage and breadth of beam. One laid his trunk affectionately on the back of the one in front of him, which I believe to be the elephant equivalent to walking arm-in-arm. When they had gone I rose up, turned round to find the men, and trod on Kiva's back then and there, full and fair, and fell sideways down the steep hillside until I fetched up among some roots.

It seems Kiva had come on, after his meal, before the others, and seeing the elephants, and being a born hunter, had crawled like me down to look at them. He had not expected to find me there, he said. I do not believe he gave a thought of any sort to me in the presence of these fascinating creatures, and so he got himself trodden on. I suggested to him we should pile the baggage, and go and have an elephant hunt. He shook his head reluctantly, saying 'Kor, kor,' like a depressed rook, and explained we were not strong enough; there were only three Fans – the Ajumba, and Ngouta did not count – and moreover that we had not brought sufficient ammunition owing to the baggage having to be carried, and the ammunition that we had must be saved for other game than elephant, for we might meet war before we met the Rembwé River.

We had by now joined the rest of the party, and were all soon squattering about on our own account in the elephant bath. It was shocking bad going – like a ploughed field exaggerated by a terrific nightmare. It pretty nearly pulled all the legs off me, and to this hour I cannot tell you if it is best to put your foot into a footmark – a young pond, I mean – about the size of the bottom of a Madeira work arm-chair, or whether you should poise yourself on the rim of the same, and stride forward to its other bank boldly and hopefully. The footmarks and the places where the elephants had been rolling were by now filled with water, and the mud underneath was in places hard and slippery. In spite of my determination to preserve an awesome and unmoved calm while among these dangerous savages, I had to give way and laugh explosively; to see the portly, powerful Pagan suddenly convert himself into a quadruped, while Gray Shirt poised himself on one heel and waved his other leg in the air to advertise to the assembled nations that he was about to sit down, was irresistible. No one made such palaver about taking a seat as Gray Shirt; I did it repeatedly without any fuss to speak of. That lordly elephant-hunter, the Great Wiki, would, I fancy, have strode over safely and with dignity, but the man who was in front of him spun round on his own axis and flung his arms round the Fan, and they went to earth together; the heavy load on Wiki's back drove them into the mud like a pile-driver. However we got through in time, and after I had

got up the other side of the ravine I saw the Fan let the Ajumba go on, and were busy searching themselves for something.

I followed the Ajumba, and before I joined them felt a fearful pricking irritation. Investigation of the affected part showed a tick of terrific size with its head embedded in the flesh; pursuing this interesting subject, I found three more, and had awfully hard work to get them off and painful too for they give one not only a feeling of irritation at their holding-on place, but a streak of rheumatic-feeling pain up from it. On completing operations I went on and came upon the Ajumba in a state more approved of by Praxiteles than by the general public nowadays. They had found out about elephant ticks so I went on and got an excellent start for the next stage.

By this time, shortly after noon on the first day, we had struck into a mountainous and rocky country, and also struck a track – a track you had to keep your eye on or you lost it in a minute, but still a guide as to direction.

The forest trees here were mainly ebony and great hard wood trees, with no palms save my old enemy the climbing palm, *calamus*, as usual, going on its long excursions, up one tree and down another, bursting into a plume of fronds, and in the middle of each plume one long spike sticking straight up, which was an unopened frond, whenever it got a gleam of sunshine; running along the ground over anything it meets, rock or fallen timber, all alike, its long, dark-coloured, rope-like stem simply furred with thorns. Immense must be the length of some of these climbing palms. One tree I noticed that day that had hanging from its summit, a good one hundred and fifty feet above us, a long straight rope-like palm stem. Interested, I went to it, and tried to track it to root, and found it was only a loop that came down from another tree. I had no time to trace it further; for they go up a tree and travel along the surrounding tree-tops, take an occasional dip, and then up again.

The character of the whole forest was very interesting. Sometimes for hours we passed among thousands upon thousands of gray-white columns of uniform height (about 100–150 feet); at the top of these the boughs branched out and interlaced among each other, forming a canopy or ceiling, which dimmed the light even of the equatorial sun to such an extent that no undergrowth could thrive in the gloom. The statement of the struggle for existence was published here in plain figures, but it was not, as in our climate, a struggle against climate mainly, but an internecine war from over population. Now and again we passed among vast stems of buttressed trees, sometimes enormous in girth; and from their far-away summits hung great bush-ropes, some as straight as plumb lines, others coiled round, and intertwined among each other, until one could fancy one was looking on some mighty battle between armies of gigantic serpents, that had been arrested at its height by some magic spell. All these bush-ropes were as bare of foliage as a ship's wire rigging, but a good many had thorns. I was very curious as to how they got up straight, and investigation showed me that many of them were carried up with a growing tree. The only true climbers were the *calamus* and the rubber vine (*Landolphia*), both of which employ hook tackle.

Some stretches of this forest were made up of thin, spindly stemmed trees of great height, and among these stretches I always noticed the ruins of some forest giant, whose death by lightning or by his superior height having given the demoniac tornado wind an extra grip on him, had allowed sunlight to penetrate the lower regions of the forest; and then evidently the seedlings and saplings, who had for years been living a half-starved life for light, shot up.

They seemed to know that their one chance lay in getting with the greatest rapidity to the level of the top of the forest. No time to grow fat in the stem. No time to send out side branches, or any of those vanities. Up, up to the light level, and he among them who reached it first won in this game of life or death; for when he gets there he spreads out his crown of upper branches, and shuts off the life-giving sunshine from his competitors, who pale off and die, or remain dragging on an attenuated existence waiting for another chance, and waiting sometimes for centuries. There must be tens of thousands of seeds which perish before they get their chance; but the way the seeds of the hard wood African trees are packed, as it were in cases specially made durable, is very wonderful. Indeed the ways of Providence here are wonderful in their strange dual intention to preserve and to destroy; but on the whole, as Peer Gynt truly observes, *‘Ein guter Wirth – nein das ist er nicht.’*

We saw this influence of light on a large scale as soon as we reached the open hills and mountains of the Sierra del Cristal, and had to pass over those fearful avalanche-like timber falls on their steep sides. The worst of these lay between Efoua and Egaja, where we struck part of the range that was exposed to the south-east. These falls had evidently arisen from the tornados, which from time to time have hurled down the gigantic trees whose hold on the superficial soil over the sheets of hard bed rock was insufficient, in spite of all the anchors they had out in the shape of roots and buttresses and all the rigging in the shape of bush ropes. Down they had come, crushing and dragging down with them those near them or bound to them by the great tough climbers.

Getting over these falls was perilous, not to say scratchy work. One or another member of our party always went through; and precious uncomfortable going it was I found, when I tried it in one above Egaja; ten or twelve feet of crashing creaking timber, and then flump on to a lot of rotten, wet débris, with more snakes and centipedes among it than you had any immediate use for, even though you were a collector; but there you had to stay, while Wiki, who was a most critical connoisseur, selected from the surrounding forest a bush-rope that he regarded as the correct remedy for the case, and then up you were hauled, through the sticks you had turned the wrong way on your down journey.

The Duke had a bad fall, going twenty feet or so before he found the rubbish heap; while Fika, who went through with a heavy load on his back, took us, on one occasion, half an hour to recover; and when we had just got him to the top, and able to cling on to the upper sticks Wiki, who had been superintending operations, slipped backwards, and went through on his own account. The bush-rope we had been hauling on was too worn with the load to use again and we just hauled Wiki out with the first one we could drag down and cut; and Wiki, when he came up, said we were reckless, and knew nothing of bush ropes, which shows how ungrateful an African can be. It makes the perspiration run down my nose whenever I think of it. The sun was out that day; we were neatly situated on the Equator, and the air was semi-solid, with the stinking exhalations from the swamps with which the mountain chain is fringed and intersected; and we were hot enough without these things, because of the violent exertion of getting these twelve to thirteen-stone gentlemen up among us again, and the fine varied exercise of getting over the fall on our own account.

When we got into the cool forest beyond it was delightful; particularly if it happened to be one of those lovely stretches of forest, gloomy down below, but giving hints that far away above us was a world of bloom and scent and beauty which we saw as much of as earth-

worms in a flower-bed. Here and there the ground was strewn with great cast blossoms, thick, wax-like, glorious cups of orange and crimson and pure white, each one of which was in itself a handful, and which told us that some of the trees around us were showing a glory of colour to heaven alone. Sprinkled among them were bunches of pure stephanotis-like flowers, which said that the gaunt bush-ropes were rubber vines that had burst into flower when they had seen the sun. These flowers we came across in nearly every type of forest all the way, for rubber abounds here.

I will weary you no longer now with the different kinds of forest and only tell you I have let you off several. The natives have separate names for seven different kinds, and these might, I think, be easily run up to nine.

A certain sort of friendship soon arose between the Fans and me. We each recognised that we belonged to that same section of the human race with whom it is better to drink than to fight. We knew we would each have killed the other, if sufficient inducement were offered, and so we took a certain amount of care that the inducement should not arise. Gray Shirt and Pagan also, their trade friends, the Fans treated with an independent sort of courtesy; but Silence, Singlet, the Passenger, and above all Ngouta, they openly did not care a row of pins for, and I have small doubt that had it not been for us other three they would have killed and eaten these very amiable gentlemen with as much compunction as an English sportsman would kill as many rabbits. They on their part hated the Fan, and never lost an opportunity of telling me 'these Fan be bad man too much.' I must not forget to mention the other member of our party, a Fan gentleman with the manners of a duke and the habits of a dustbin. He came with us, quite uninvited by me, and never asked for any pay; I think he only wanted to see the fun, and drop in for a fight if there was one going on, and to pick up the pieces generally. He was evidently a man of some importance, from the way the others treated him; and moreover he had a splendid gun, with a gorilla skin sheath for its lock, and ornamented all over its stock with brass nails. His costume consisted of a small piece of dirty rag round his loins; and whenever we were going through dense undergrowth, or wading a swamp, he wore that filament tucked up scandalously short. Whenever we were sitting down in the forest having one of our nondescript meals, he always sat next to me and appropriated the tin. Then he would fill his pipe, and turning to me with the easy grace of aristocracy, would say what may be translated as 'My dear Princess, could you favour me with a lucifer?'

I used to say, 'My dear Duke, charmed, I'm sure,' and give him one ready lit.

I dared not trust him with the box whole, having a personal conviction that he would have kept it. I asked him what he would do suppose I was not there with a box of lucifers; and he produced a bush-cow's horn with a neat wood lid tied on with tie tie, and from out of it he produced a flint and steel and demonstrated. Unfortunately all his grace's minor possessions, owing to the scantiness of his attire, were in one and the same pine-apple-fibre bag which he wore slung across his shoulder; and these possessions, though not great, were as dangerous to the body as a million sterling is said to be to the soul, for they consisted largely of gunpowder and snuff, and their separate receptacles leaked and their contents commingled, so that demonstration on fire-making methods among the Fan ended in an awful bang and blow-up in a small way, and the Professor and his pupil sneezed like fury for ten minutes, and a cruel world laughed till it nearly died, for twenty. Still that bag with all its failings was a wonder for its containing power.

The first day in the forest we came across a snake – a beauty with a new red-brown and yellow-patterned velvety skin, about three feet six inches long and as thick as a man's thigh. Ngouta met it, hanging from a bough, and shot backwards like a lobster, Ngouta having among his many weaknesses a rooted horror of snakes. This snake the Ogowé natives all hold in great aversion. For the bite of other sorts of snakes they profess to have remedies, but for this they have none. If, however, a native is stung by one he usually conceals the fact that it was this particular kind, and tries to get any chance the native doctor's medicine may give. The Duke stepped forward and with one blow flattened its head against the tree with his gun butt, and then folded the snake up and got as much of it as possible into the bag, while the rest hung dangling out. Ngouta, not being able to keep ahead of the Duke, his Grace's pace being stiff, went to the extreme rear of the party, so that other people might be killed first if the snake returned to life, as he surmised it would. He fell into other dangers from this caution, but I cannot chronicle Ngouta's afflictions in full without running this book into an old-fashioned folio size. We had the snake for supper, that is to say the Fan and I; the others would not touch it, although a good snake, properly cooked, is one of the best meats one gets out here, far and away better than the African fowl.

The Fans also did their best to educate me in every way: they told me their names for things, while I told them mine, throwing in besides as 'a dash for top' a few colloquial phrases such as: 'Dear me, now,' 'Who'd have thought it,' 'Stuff, my dear sir,' and so on; and when I left them they had run each together as it were into one word, and a nice savage sound they had with them too, especially 'dearmenow,' so I must warn any philologist who visits the Fans, to beware of regarding any word beyond two syllables in length as being of native origin. I found several European words already slightly altered in use among them, such as 'Amuck' – a mug, 'Alas' – a glass, a tumbler. I do not know whether their 'Ami' – a person addressed, or spoken of – is French or not. It may come from 'Anwě' – M'pongwe for 'Ye,' 'You.' They use it as a rule in addressing a person after the phrase they always open up conversation with, 'Azuna' – Listen, or I am speaking.

They also showed me many things: how to light a fire from the pith of a certain tree, which was useful to me in after life, but they rather overdid this branch of instruction one way and another; for example, Wiki had, as above indicated, a mania for bush-ropes and a marvellous eye and knowledge of them; he would pick out from among the thousands surrounding us now one of such peculiar suppleness that you could wind it round anything, like a strip of cloth, and as strong withal as a hawser; or again another which has a certain stiffness, combined with a slight elastic spring, excellent for hauling, with the ease and accuracy of a lady who picks out the particular twisted strand of embroidery silk from a multi-coloured tangled ball. He would go into the bush after them while other people were resting, and particularly after the sort which, when split is bright yellow, and very supple and excellent to tie round loads.

On one occasion, between Egaja and Esoon, he came back from one of these quests and wanted me to come and see something, very quietly; I went, and we crept down into a rocky ravine, on the other side of which lay one of the outer-most Egaja plantations. When we got to the edge of the cleared ground, we lay down, and wormed our way, with elaborate caution, among a patch of Koko; Wiki first, I following in his trail.

After about fifty yards of this, Wiki sank flat, and I saw before me some thirty yards off,

busily employed in pulling down plantains, and other depredations, five gorillas: one old male, one young male, and three females. One of these had clinging to her a young fellow, with beautiful wavy black hair with just a kink in it. The big male was crouching on his haunches, with his long arms hanging down on either side, with the backs of his hands on the ground, the palms upwards. The elder lady was tearing to pieces and eating a pine-apple, while the others were at the plantains destroying more than they ate.

They kept up a sort of a whinnying, chattering noise, quite different from the sound I have heard gorillas give when enraged, or from the one you can hear them giving when they are what the natives call 'dancing' at night. I noticed that their reach of arm was immense, and that when they went from one tree to another, they squattered across the open ground in a most inelegant style, dragging their long arms with the knuckles downwards. I should think the big male and female were over six feet each. The others would be from four to five. I put out my hand and laid it on Wiki's gun to prevent him from firing, and he, thinking I was going to fire, gripped my wrist.

I watched the gorillas with great interest for a few seconds, until I heard Wiki make a peculiar small sound, and looking at him saw his face was working in an awful way as he clutched his throat with his hand violently.

Heavens! think I, this gentleman's going to have a fit; it's lost we are entirely this time. He rolled his head to and fro, and then buried his face into a heap of dried rubbish at the foot of a plantain stem, clasped his hands over it, and gave an explosive sneeze. The gorillas let go all, raised themselves up for a second, gave a quaint sound between a bark and a howl, and then the ladies and the young gentleman started home. The old male rose to his full height (I struck me at the time this was a matter of ten feet at least, but for scientific purposes allowance must be made for a lady's emotions) and looked straight towards us, or rather towards where that sound came from. Wiki went off into a paroxysm of falsetto sneezes the like of which I have never heard; nor evidently had the gorilla, who doubtless thinking, as one of his black co-relatives would have thought, that the phenomenon favoured Duppy, went off after his family with a celerity that was amazing the moment he touched the forest and disappeared as they had, swinging himself along through it from bough to bough, in a way that convinced me that, given the necessity of getting about in tropical forests, man has made a mistake in getting his arms shortened. I have seen many wild animals in their native wilds, but never have I seen anything to equal gorillas going through bush; it is a graceful, powerful, superbly perfect hand-trapeze performance.

[...]

Climbing the Great Peak of the Cameroons

i. The Throne of Thunder German Kamerun

From the deck of the *Niger* I found myself again confronted with my great temptation – the magnificent Mungo Mah Lobeh – the Throne of Thunder. Now it is none of my business to go up mountains. There's next to no fish on them in West Africa, and precious little good rank fetish, as the population on them is sparse – the African, like myself, abhorring cool air. Nevertheless, I feel quite sure that no white man has ever looked on the great Peak of Cameroon without a desire arising in his mind to ascend it and know in detail the highest point on the western side of the continent, and indeed one of the highest points in all Africa. Do not, however, imagine that the ascent is a common incident in a coaster's life; far from it. The coaster as a rule resists the temptation of Mungo firmly, being stronger minded than I am; moreover, he is busy and only too often fever-stricken in the bargain. But I am the exception, I own, and I have given in to the temptation and am the third Englishman to ascend the Peak and the first to have ascended it from the south-east face. The first man to reach the summit was Sir Richard Burton, accompanied by the great botanist, Gustav Mann. He went up, as did the succeeding twenty-five (mostly Germans) from Babundi; a place on the seashore to the west. The first expedition to reach the summit from the side I tackled it was composed of the first lieutenant and doctor of the German man-of-war *Hyæna*. These gentlemen had accomplished this feat a few weeks before I landed at Victoria to make my attempt. I go into these details so as to excuse myself for subsequently giving you a detailed account of the south-east face of Munga mah Lobeh.

So great is the majesty and charm of this mountain that the temptation of it is as great to me to-day as it was on the first day I saw it, when I was feeling my way down the West Coast of Africa on the S.S. *Lagos* in 1893, and it revealed itself by good chance from its surf-washed plinth to its sky-scraping summit. Certainly it is most striking when you see it first, as I first saw it, after coasting for weeks along the low shores and mangrove-fringed rivers of the Niger Delta. Suddenly, right up out of the sea, rises the great mountain to its 13,760 feet, while close at hand, to westward, towers the lovely island mass of Fernando Po to 10,190 feet. But every time you pass it by its beauty grows on you with greater and greater force, though it is never twice the same. Sometimes it is wreathed with indigo-black tornado clouds sometimes crested with snow, sometimes softly gorgeous with gold, green, and rose-coloured vapours tinted by the setting sun, sometimes completely swathed in dense cloud so that you cannot see it at all; but when you once know it is there it is all the same, and you bow down and worship.

There are only two distinct peaks to this glorious thing that geologists brutally call the volcanic intrusive mass of the Cameroon Mountains, viz., Big Cameroon and Little Cameroon. The latter, Mungo Mah Etindeh, has not yet been scaled, although it is only 5,820 feet. One reason for this is doubtless that the few people in fever-stricken, over-worked West Africa who are able to go up mountains, naturally try for the adjacent Big Cameroon; the other

reason is that Mungo Mah Etindeh, to which Burton refers as 'the awful form of Little Cameroon,' is mostly sheer cliff, and is from foot to summit clothed in an almost impenetrable forest. Behind these two mountains of volcanic origin, which cover an area on an isolated base of between 700 and 800 square miles in extent, there are distinctly visible from the coast two chains of mountains, or I should think one chain deflected, the so-called Rumby and Omon ranges. These are no relations of Mungo, being of very different structure and conformation; the geological specimens I have brought from them and from the Cameroons being identified by geologists as respectively schistose grit and vesicular lava.

After spending a few pleasant days in Cameroon River in the society of Frau Plehn, my poor friend Mrs Duggan having, I ought to say, departed for England on the death of her husband, I went round to Victoria, Ambas Bay, on the *Niger*, and in spite of being advised solemnly by Captain Davies to 'chuck it as it was not a picnic,' I started to attempt the Peak of Cameroons as follows.

September 20th, 1895. – Left Victoria at 7.30, weather fine. Herr von Lucke, though sadly convinced, by a series of experiments he has been carrying on ever since I landed, and I expect before, that you cannot be in three places at one time, is still trying to do so; or more properly speaking he starts an experiment series for four places, man-like; instead of getting ill as I should under the circumstances, and he kindly comes with me as far as the bridge across the lovely cascading Lukole River, and then goes back at about seven miles an hour to look after Victoria and his sick subordinates in detail.

I, with my crew, keep on up the grand new road the Government is making, which when finished is to go from Ambas Bay to Buea, 3,000 feet up on the mountain's side. This road is quite the most magnificent of roads, as regards breadth and general intention, that I have seen anywhere in West Africa, and it runs through a superbly beautiful country. It is, I should say, as broad as Oxford Street; on either side of it are deep drains to carry off the surface waters, with banks of varied beautiful tropical shrubs and ferns, behind which rise, 100 to 200 feet high, walls of grand forest, the column-like tree-stems either hung with flowering, climbing plants and ferns, or showing soft red and soft grey shafts sixty to seventy feet high without an interrupting branch. Behind this again rise the lovely foot hills of Mungo, high up against the sky, coloured the most perfect soft dark blue.

The whole scheme of colour is indescribably rich and full in tone. The very earth is a velvety red brown, and the butterflies – which abound – show themselves off in the sunlight in their canary-coloured, crimson, and peacock-blue liveries, to perfection. After five minute experience of the road I envy those butterflies. I do not believe there is a more lovely road in this world, and besides, it's a noble and enterprising thing of a Government to go and make it, considering the climate and the country; but to get any genuine pleasure out of it, it is requisite to hover in a bird- or butterfly-like way, for of all the truly awful things to walk on that road, when I was on it, was the worst.

Of course this arose from its not being finished, not having its top on in fact: the bit that was finished, and had got its top on, for half a mile beyond the bridge, you could go over in Bath chair. The rest of it made you fit for one for the rest of your natural life, for it was one mass of broken lava rock, and here and there leviathan tree-stumps that had been partially blown up with gunpowder.

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